

Nine Prayer Suggestions

by Ginny Wells

1. When you think of a person, pray for him or her
2. Have a "prayer blitz" for someone you are concerned about
3. Pray before an appointment to see someone
4. Pray, asking God to touch individual people you see in a hallway, mall, or public place
5. Pray when you sense needs, through newscasts, for people undergoing tragedy documented in newspapers, or upon hearing about the issue
6. Pray in-depth for someone, yielding every area of his or her life to God
7. Ask to pray at the end of a conversation
8. Lift up needs in a prayer chain
 - Your church's prayer chain
 - Upper Room Prayer Chain, 1-(800) 251-2468
 - "Homemade" prayer chain
9. Pray daily for those you encounter daily at work, your neighborhood, school, or church

"And seek the welfare of the city where I have called you and pray to the Lord on its behalf, for in its welfare you will have welfare." -- Jeremiah 29:7.